



GHANA HEALTH SERVICE/ENVIRONMENT HEALTH – YILO KROBO

LIST OF NUTRITION-ORIENTED INTERVENTIONS AND LINKAGES 2022

NO.	STAGES	NUTRITION INTERVENTIONS/LINKAGES
1.	Antenatal Care/Services	<ul style="list-style-type: none"><li data-bbox="793 786 1192 828">✚ Anaemia Control<li data-bbox="835 883 1612 925">- Iron and Folic acid supplementation<li data-bbox="835 971 1402 1013">- Deworming in pregnancy<li data-bbox="835 1058 1495 1101">- Dietary education/counselling<li data-bbox="835 1146 1768 1310">- Provision of Water, Sanitation and hygiene (WASH) – Community Water and Sanitation Agency/Water

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2.	Post-Natal Care	<ul style="list-style-type: none"> <li data-bbox="787 138 1906 284">  Early initiation of breastfeeding, Care of the breast and nutrition counselling <li data-bbox="787 300 1906 389">  Dietary education/counselling <li data-bbox="787 406 1906 609">  Provision of Water, Sanitation and hygiene (WASH) – Community Water and Sanitation Agency/Water
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3.	Infants	<ul style="list-style-type: none"> <li data-bbox="787 698 1906 787">  Exclusive breastfeeding for first 6 months <li data-bbox="787 803 1906 893">  Complementary feeding at 6 months <li data-bbox="787 909 1906 998">  Vitamin A supplementation at 6 months <li data-bbox="787 1015 1906 1104">  Dietary education/counselling <li data-bbox="787 1120 1906 1339">  Provision of Water, Sanitation and hygiene (WASH) – Community Water and Sanitation Agency/Water
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4.	Early Childhood	<ul style="list-style-type: none">  Vitamin A supplementation every 6 months from 12 months to 59 months  Provision of Water, Sanitation and hygiene (WASH) <ul style="list-style-type: none"> – Community Water and Sanitation Agency/Water Board  Control of Iodine Deficiency Disorder  School deworming exercise  Nutrition education consumption of fortified food  School Feeding Programme  Food demonstration in collaboration with
5.	Adolescents/Teenagers	<ul style="list-style-type: none">  Girls Iron Folate Acid Supplementation (GIFTS Programme)  Nutrition education and counselling services  Nutrition school services

6.	Adult	<ul style="list-style-type: none"><li data-bbox="787 138 1806 284">+ Nutrition counselling and education on healthy lifestyle and non-communicable diseases<li data-bbox="787 341 1785 487">+ Dietary management of non-communicable diseases such as diabetes, hypertension, ulcer<li data-bbox="787 544 1701 690">+ Food demonstration in collaboration with Department of Agriculture<li data-bbox="787 747 1890 941">+ Provision of Water, Sanitation and hygiene (WASH) – Community Water and Sanitation Agency/Water Board
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